

Recetas Con Miel



Honey Firming Face Mask Recipe

Whisk together:

- 1 tablespoon of an egg white.
- 1 and 1/2 teaspoons of honey.

Next, pat the blend onto your face and let it set for 15 minutes (you should feel a tightening effect). Finally, rinse with warm water and a washcloth.

This honey beauty recipe will naturally firm and tone your face, leaving your skin feeling smooth and clean while minimizing pores and helping erase the signs of aging thanks to honey's natural antioxidants.

The darker the honey, the more antioxidants it has!